

**General Release:**

## **Out of the Earth** A Heritage Farm Coast Cookbook

144 PAGES • FULL COLOR • 150+ PHOTOGRAPHS.  
HARDCOVER ~ ISBN 978-0932027-40-5 ~ \$19.95

WELCOME TO THE HERITAGE FARM COAST. From southeastern Massachusetts and coastal Rhode Island, where some of America's best-loved traditional foods are grown, comes *Out of the Earth*, a 144-page cookbook containing more than one hundred original recipes. Written and compiled by Kerry Romaniello, master chef at Westport Rivers Vineyards & Winery, *Out of the Earth* promotes the use of locally grown farm products and the preservation of farmland; and encourages sellers and consumers to buy local. Each chapter includes a short essay where the author talks with local farmers who tell of their commitment to quality production.

The author has compiled a delectable collection of original recipes—some drawn from local chefs and others from farming families—to demonstrate the versatility of native products such as berries, squash, corn, beans, apples, peaches, potatoes and the South Coast's own macomber turnip. *Out of the Earth* includes a variety of dishes: from exotic masterpieces such as Veal Medallions with Native Peaches and Gorgonzola Cheese to homespun treats such as Westport Macomber Cake and Caramel Apple Spoon Bread. There are fanciful concoctions such as Grilled Leg of Lamb with Honey-Lavender Marinade & Grilled Ratatouille with Oregano Oil, and Grilled Honey and Lavender Dartmouth Scallops on Eva's Pea Greens. And there are traditional standbys such as Baked Pumpkin Bread Pudding, Boston Baked Beans and Cranberry Walnut Bread.

*Out of the Earth* celebrates the region's rich agricultural heritage and unique food products with recipes drawn from native harvests. Each chapter brings to the table foods that are locally produced, using diverse original recipes, either handed down through the generations, or developed by today's imaginative chefs. The preservation of the area's strong history as the cradle of American cooking, and its recent resurgence of successful, unique and quality farms are two outstanding reasons why *Out of the Earth* is destined to become the model for heritage cookbooks in other regions. It will enhance appreciation for our farmland and locally grown products, while nourishing the souls of those who enjoy the recipes.

The Heritage Farm Coast is a bountiful piece of land that stretches languidly along the south coast of Massachusetts into southern Rhode Island, and farm and sea come together in a landscape painter's dream. Here, farmers and fishermen have ploughed earth and sea since colonial times, often within view of each other, and this tradition is alive and well today. The Heritage Farm Coast community looks ahead to revolutionize the farm, the marketplace, even the dinner table. *Out of the Earth*, is part of that venture.

